



# 2023 SUMMER CAMP GUIDE

**May 30th - August 3rd**  
**9:00am - 3:00pm**

**1892 General George Patton Drive**  
**Franklin, TN 37067**  
**615-369-3547**



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# SUMMER CAMP 2023

## THEME WEEK CALENDAR

### WATER WEEK

MAY 30-JUNE 2

Get set to get wet with water themed activities!

### NINJA WEEK



JUNE 5-9

Come ready to tackle ninja warrior style challenges!

### MOVIE MAGIC WEEK

JUNE 12-16 

Live your favorite characters' adventures!

### GYMNASTICS WEEK

JUNE 19-23 

Explore basic gymnastics skills in a safe environment!

### CARNIVAL WEEK

JUNE 26-30

Each day is full of fun surprises and a special treat!

### USA WEEK



JULY 5-7

Bust out the red, white, and blue! It's a summer party!

### WATER WEEK

JULY 10-14

Get set to get wet with water themed activities!

### NINJA WEEK



JULY 17-21

Come ready to tackle ninja warrior style challenges!

### CARNIVAL WEEK

JULY 24-28

Each day is full of fun surprises and a special treat!

### TALENT WEEK

JULY 31-AUG 3

Tie dye! Kids' choice awards!... and the LIS TALENT SHOW!



# PRE CAMP

## AGES 3-5

Pre Camp is planned with preschool-aged campers specifically in mind! If your child is in Pre K, they're going to love Pre Camp!

Pre Campers must be fully potty-trained and bathroom independent.

# BIG CAMP

## AGES 5-12

Big Camp is structured for elementary-aged campers who have completed Kindergarten.

Only our Camp Coordinator can approve a camper's transition from Pre Camp to Big Camp.



# DAILY PACKING LIST

Cubby space is limited to one cubby per camper. Please pack one small bag accordingly.

**LABEL ALL ITEMS**

**WATER BOTTLE**

**LUNCH**

pizza is served on Friday's

**VENDING MACHINE \$**  
optional (Big Camp ONLY)

**BATHING SUIT**

one piece or tankini for girls

**TOWEL**

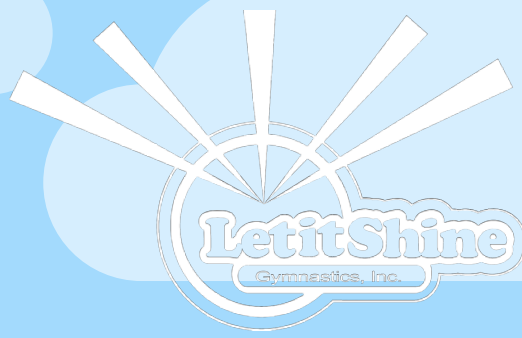
**SUNSCREEN**

campers must apply themselves

**\*NO TOYS OR ELECTRONICS**

## PRE CAMP NOTES

- Arrive with camper wearing bathing suit & sunscreen
- Pack extra clothes
- Shoes must be slip-on



## SIGN-IN & SIGN-OUT

**8:30–9:15 AM**

Campers must be signed in by a guardian at the designated Sign-In area in our Main Gym.

**2:45–3:15 PM**

Photo ID matching the guardian names listed at Sign-In is required for Sign-Out.

## EXTENDED CARE

**AM EXT CARE**

**PM EXT CARE**

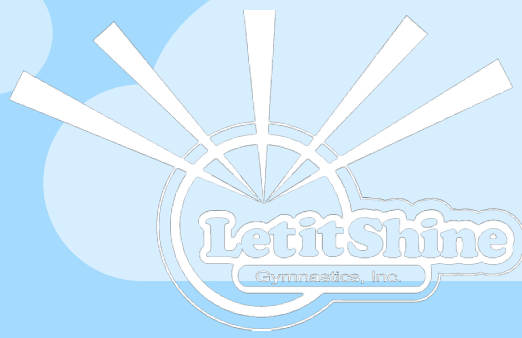
**7:30–8:30 AM**

**3:00–6:00 PM**

**Extended is available for an additional fee and registration.**

Your camper will be supervised by our coaches while participating in provided activities. A snack will be served.

**Space is limited. Reservations must be paid in advance.  
\$1 per minute late fee after 6 PM**



# REGISTRATION

You may sign your camper up for an entire week, a single day, or any combination of days throughout the summer.

Please call to register BEFORE coming to camp.

## ENROLLMENT

All camp enrollments must be approved before our office closes the night before. We do NOT offer "Same Day" enrollment.

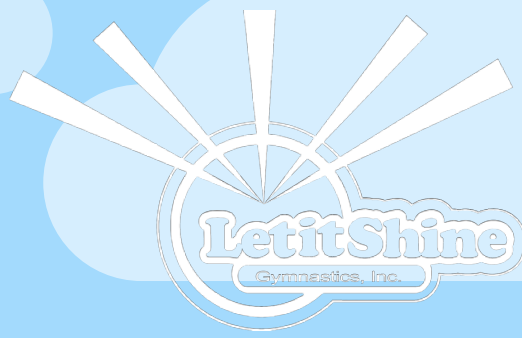
Please notify our office if you plan to arrive after 9:30 AM.

## NO REFUND POLICY

Payment is required for the camp days you have selected at the time of enrollment.

There are NO REFUNDS or CREDITS for any unattended camp days.

Membership fee is due after 5 days of camp enrollment



## **CHANGE POLICY**

Rescheduling days is only permitted with 24 hour advance notice and is based upon availability, not guaranteed.

### **CHANGE FEES APPLY**

Contact our office for assistance:  
615-369-3547

## **CLASS CONFLICTS**

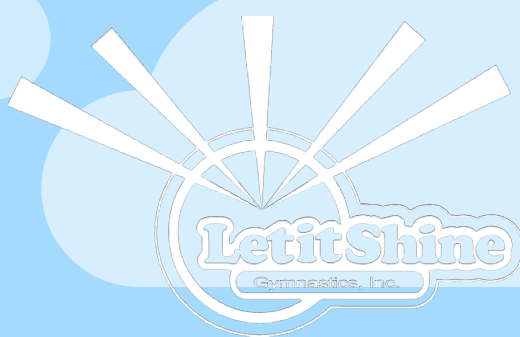
If your child is enrolled in an LIS class that meets during camp hours, our staff will assist them in getting to their assigned class.

**Please inform camp staff at Sign-In.**

## **GROUPINGS**

Campers are assigned to groups by age and gender at the beginning of each camp day and will remain with this group throughout the day. If you have any questions about this policy, please ask to speak to the director during Sign-In on your scheduled day.





# GENERAL

## WHAT TO WEAR

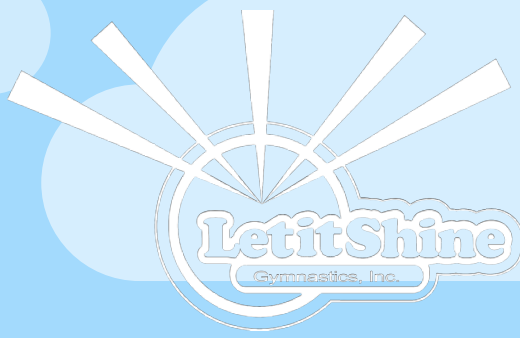
We recommend comfortable, non-restrictive clothing (EX: t-shirt, shorts, sandals).

Keep in mind, your camper will be active all day in both of our buildings and the summer heat! A modest bathing suit or trunks, sunscreen, and a towel are recommended EVERY DAY.

**PLEASE LABEL ALL ITEMS**

## LOST & FOUND

LIS is not responsible for any personal belongings left in our facilities. Anything that is found will be placed in the collection box upstairs in our Main Gym. Unclaimed items will be donated EVERY FRIDAY.



## WATER ACTIVITIES

Each camper in Big Camp & Pre Camp will have the opportunity to participate in water activities every day (weather permitting)!

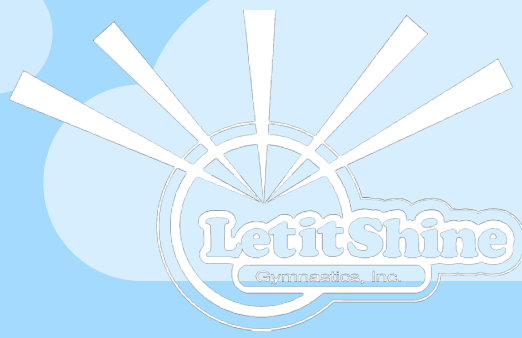
## FOOD

Camp groups eat snack and lunch at different times each day. Lunch times range from 11:00 AM – 1:00 PM. Please remember to pack a non-perishable lunch with a water bottle. Our filtered refill stations are always available. Snack is provided, but you are welcome to send additional snacks if you prefer.

**EVERY FRIDAY is PIZZA DAY!**  
**(provided in camp cost)**

Each camper is given TWO slices. Please pack a lunch if you prefer to supplement additional food or for your camper to not eat pizza.

**See MEDICAL CONCERNS  
for information on allergies.**



## SAFETY

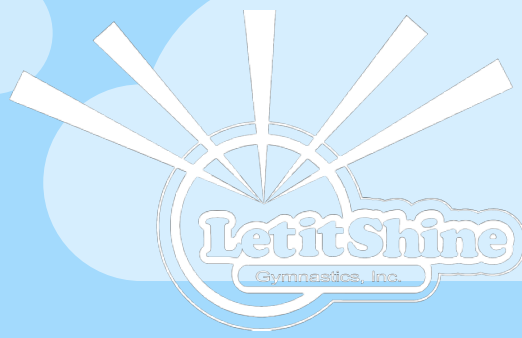
Each day's Camp Director is a USA Gymnastics Member who holds Safe Sport, Adult and Pediatric First Aid, CPR, AED, & CDC HEADS UP Concussion Certifications. Directors will respond to incidents throughout the day. All coaches are CDC HEADS UP Concussion Certified and trained in gym safety protocol. You will be notified of any incidents involving your child during Sign-Out.

**If a significant situation arises, the director will contact the number listed on your LIS account.**

## DISCIPLINE

Guardians will be informed of any disciplinary incidents at Sign-Out. If a significant situation arises, you may be asked to pick your camper up for early dismissal.

All camp directors are trained in Trust-Based Relational Intervention.



# MEDICAL CONCERNS

Please **DO NOT** bring your child to camp if they have a fever or any other symptoms that may be contagious.

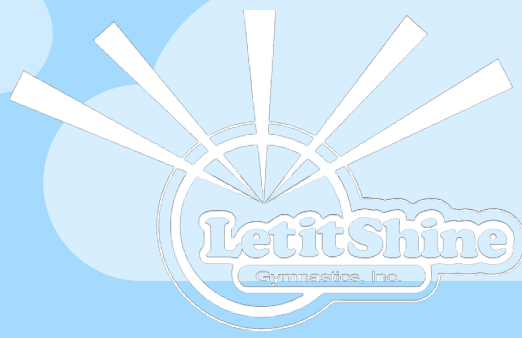
## ILLNESS

If your camper becomes ill, the director of the day will assess their symptoms and use discretion in caring for their needs. If the director deems necessary, they will contact the number listed on your LIS account.

Please confirm that you have an emergency contact on file. This can be updated in the LIS Parent Portal.

## SKIN AILMENTS

Let It Shine reserves the right to remove any child from camp if an unknown skin infection is suspected. Camper may return when cleared with a doctor's note.



## MEDICATION

For the safety of our staff and campers, all EPI pens and medication require a signed waiver and will be held in the office of our Main Gym. Please clearly label medication with your camper's name and visit the office upon or before arriving to your first day of camp to complete the necessary information.

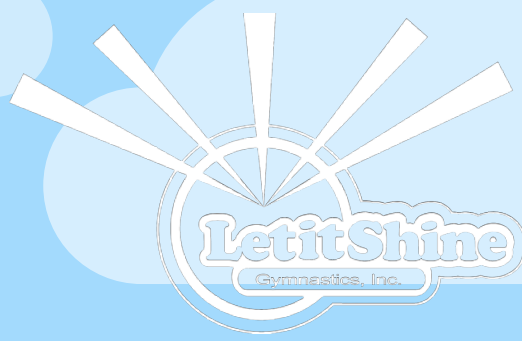
It is also recommended to remind the director of the day during Sign-In.

**Lunch is the only time our staff can administer scheduled medication to your camper unless prior arrangements have been made with the Camp Coordinator.**

## ALLERGIES

Please notify Sign-In staff of any allergies your camper may have. Camp staff will check allergy bands to ensure campers do not interact with their allergen(s).

**LIS is NOT a peanut-free facility.**



## **SPECIAL NEEDS**

**We believe that all children are valuable and created in God's image.**

Our goal is that each camper has the best time possible, however, our camp program does NOT provide one-on-one coaching or specialized care for the needs of individual campers. Summer Camp is a fast-paced, highly stimulating environment, where campers are required to remain with a group, keep track of their belongings, and use the bathroom independently. Summer Camp is not recommended for children who have sensitivities to sound.

**If you have any concerns about your camper succeeding in this type of environment, please contact our Camp Coordinator before attending.  
([noel.campagna@lisgym.com](mailto:noel.campagna@lisgym.com))**

When necessary, families may arrange for an aid to join their camper for the day. This must be approved by our Camp Coordinator before enrollment.

**Let It Shine also offers classes and Me Time within our Adaptive Program!**



**THANK YOU!**

**...for choosing  
LET IT SHINE GYMNASTICS!**

**We work hard to make  
SUMMER CAMP  
a fun, exciting, and  
uplifting experience for  
your child in a safe  
environment.**

**If you have any questions  
or concerns, call us at  
615-369-3547!**

**SEE YOU THIS SUMMER!**