| August 2023 | | | | | | | | | |
|-------------|----|----|----|----|----|----|--|--|--|
| S | M | T | W | T | F | S | | | |
| | | 1 | 2 | 3 | 4 | 5 | | | |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 | | | |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 | | | |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 | | | |
| 27 | 28 | 29 | 30 | 31 | | | | | |
| | | | | | | | | | |

| September 2023 | | | | | | | | | |
|----------------|----|----|----|----|----|----|--|--|--|
| S | M | T | W | T | F | S | | | |
| | | | | | 1 | 2 | | | |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 | | | |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 | | | |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 | | | |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 | | | |
| | | | | | | | | | |

| | October 2023 | | | | | | | | | |
|---|--------------|----|----|----|----|----|----|--|--|--|
| | S | M | T | W | T | F | S | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | | | |
| Ī | 8 | 9 | 10 | 11 | 12 | 13 | 14 | | | |
| Ī | 15 | 16 | 17 | 18 | 19 | 20 | 21 | | | |
| | 22 | 23 | 24 | 25 | 26 | 27 | 28 | | | |
| | 29 | 30 | 31 | | | | | | | |
| | | | | | | | | | | |

| November 2023 | | | | | | | | | |
|---------------|----|----|----|----|----|----|--|--|--|
| S | M | T | W | T | F | S | | | |
| | | | 1 | 2 | 3 | 4 | | | |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 | | | |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 | | | |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 | | | |
| 26 | 27 | 28 | 29 | 30 | | | | | |
| | | | | | | | | | |

| December 2023 | | | | | | | | | |
|---------------|----|----|----|----|----|----|--|--|--|
| S | M | T | W | T | F | S | | | |
| | | | | | 1 | 2 | | | |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 | | | |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 | | | |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 | | | |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 | | | |
| 31 | | | | | | | | | |

| January 2024 | | | | | | | | | |
|--------------|----|----|----|----|----|----|--|--|--|
| S | M | T | W | T | F | S | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | | | |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 | | | |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 | | | |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 | | | |
| 28 | 29 | 30 | 31 | | | | | | |
| | | | | | | | | | |

| February 2024 | | | | | | | | | |
|---------------|----|----|----|----|----|----|--|--|--|
| S | M | T | W | T | F | S | | | |
| | | | | 1 | 2 | 3 | | | |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 | | | |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 | | | |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 | | | |
| 25 | 26 | 27 | 28 | 29 | | | | | |
| | | | | | | | | | |

| March 2024 | | | | | | | | | |
|------------|----|----|----|----|----|----|--|--|--|
| S | M | T | W | T | F | S | | | |
| | | | | | 1 | 2 | | | |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 | | | |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 | | | |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 | | | |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 | | | |
| 31 | | | | | | | | | |

| | April 2024 | | | | | | | | | |
|----|------------|----|----|----|----|----|--|--|--|--|
| S | M | T | W | T | F | S | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | | | | |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 | | | | |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 | | | | |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 | | | | |
| 28 | 29 | 30 | | | | | | | | |
| | | | | | | | | | | |

| May 2024 | | | | | | | | | |
|----------|----|----|----|----|----|----|--|--|--|
| S | M | T | W | T | F | S | | | |
| | | | | 1 | 2 | 3 | | | |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 | | | |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 | | | |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 | | | |
| 25 | 26 | 27 | 28 | 29 | | | | | |
| | | | | | | | | | |

| June 2024 | | | | | | | | | |
|-----------|----|----|----|----|----|----|--|--|--|
| S | M | T | W | T | F | S | | | |
| | | | | | 1 | 2 | | | |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 | | | |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 | | | |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 | | | |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 | | | |
| 31 | | | | | | | | | |

| | July 2024 | | | | | | | | | |
|----|-----------|----|----|----|----|----|--|--|--|--|
| S | M | T | W | T | F | S | | | | |
| | 1 | 2 | 3 | 4 | 5 | 6 | | | | |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 | | | | |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 | | | | |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 | | | | |
| 28 | 29 | 30 | 31 | | | | | | | |
| | | | | | | | | | | |

| SHINING STARS 2023/24 | | | | | |
|--------------------------------------------------------------|--|--|--|--|--|
| August 2023 | | | | | |
| 02-05: NO CLASS | | | | | |
| 28: Routines Begin & Leo Sizing | | | | | |
| September 2023 | | | | | |
| 01: Meet Sign-ups Open | | | | | |
| 04: NO CLASS | | | | | |
| October 2023 | | | | | |
| 04: Shake Out Sign-up Deadline | | | | | |
| 31: NO CLASS | | | | | |
| November 2023 | | | | | |
| 04-09: Skill Evaluations #1 | | | | | |
| 10-12: Shake Out @ SUM | | | | | |
| 15: Santa Claus Deadline 22-25: NO CLASS | | | | | |
| December 2023 | | | | | |
| 9-10: Santa Claus Invite @ETC | | | | | |
| 23-31: NO CLASS | | | | | |
| January 2024 | | | | | |
| 01: NO CLASS | | | | | |
| 03: Snowflake Sign-up Deadline | | | | | |
| 20-25: Skill Evaluations #2 27-28: Snowflake Classic @LIS | | | | | |
| 31: Be Mine Sign-up Deadline | | | | | |
| February 2024 | | | | | |
| 14: Pot of Gold Sign-up Deadline | | | | | |
| 17-18: Be Mine Invite @ETC | | | | | |
| March 2024 | | | | | |
| 09-10: Pot of Gold Classic @LIS | | | | | |
| 18: Skill Sheets Begin | | | | | |
| 20: Champ Sign-up Deadline | | | | | |
| April 2024 | | | | | |
| 06-07: Champ Meet @ETC | | | | | |
| May 2024 | | | | | |

June 2024

July 2024

updated 8/17/23

Shining Stars 2023/2024 Meet Schedule

Updated 8/14/2023

| Meet | @ | Meet Dates | Cost | Registration Deadline |
|--------------------------|-----|----------------------|------|--------------------------|
| Season Start Shake Out* | SUM | November 10th-12th | \$75 | Wednesday, October 4th |
| Santa Claus Invitational | ETC | December 9th & 10th | \$80 | Wednesday, November 15th |
| Snowflake Classic | LIS | January 27th & 28th | \$80 | Wednesday, January 3rd |
| Be Mine Invitational | ETC | February 17th & 18th | \$80 | Wednesday, January 31st |
| Pot of Gold Classic | LIS | March 9th & 10th | \$80 | Wednesday, February 14th |
| Championship Meet | ETC | April 6th & 7th | \$90 | Wednesday, March 20th |

- -Gymnasts must compete in two meets, but are welcome to compete in more.
- -Athletes will compete on one of the meet dates listed (either Friday, Saturday or Sunday).

We will not know the day or time your athlete will compete until the schedule is given by the meet director about a week before the meet. No special requests can be made for scheduling.

- -Meets at LIS will be at 1886 General George Patton Drive, Franklin. Meets at ETC will be at 1137 Haley Road, Murfreesboro. Meets at Summit will be at 2015B Johnson Industrial, Nolensville.
- -Register through the office with payment to confirm (no email registration).
- -There are NO REFUNDS OR CREDITS for meet fees (no exceptions). Late entries will not be accepted.
- *At this meet gymnasts are not judged; this is a chance for them to shake out their new routines in a meet environment. All participating gymnasts will receive one medal on the podium and gymnast gift at the conclusion of each session.
- -All other meets are competitive non-sanctioned events where coaches act as judges. Awards are given for each event (vault, bars, beam, floor) and the all around by scores highest to lowest. Gymnasts are divided into groups based on level and age. Athletes receive 5 medals for each meet.
- -Email any questions to christin.preston@lisgym.com