



2025-2026  
**CAMP**  
**GUIDE**







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2025-2026  
**CAMP  
DAYS**

**FALL BREAK**

**OCTOBER 6-10**

**MID-WINTER**

**FEBRUARY 13 & 16**

**THANKSGIVING**

**NOVEMBER 24-25**

**SPRING BREAK**

**MARCH 9-13**

**CHRISTMAS**

**DECEMBER 19  
DECEMBER 22-23  
DECEMBER 29-31  
JANUARY 2**

**SNOW DAYS**

**STAY TUNED TO SOCIAL MEDIA!**

**MLK DAY**

**JANUARY 19**

**SUMMER  
CAMP  
2026**

**STARTS  
MAY 27**





2025  
2026  
CAMP  
GUIDE

# TOTS CAMP

AGES 3-4

# FIVES CAMP

AGE 5

# BIG CAMP

AGES 6-12

ALL Campers must be  
fully potty-trained and bathroom-independent  
at the time of enrollment.





# AGE GROUPS

**For all camps, campers must be within the posted age range of the camp they are enrolled for on or before the first date they are registered to attend.**

**Let It Shine reserves the right to correct any errors in registration according to this policy.**

## GROUPINGS

At the beginning of each camp day, campers are assigned to smaller groups by age and are required to use the bathroom that corresponds to their biological gender.

Campers will remain with this group throughout the day.

If you have any questions about this policy, please make time to speak with the camp director before 9:00 am on your scheduled day.

**ALL Campers must be fully potty-trained and bathroom-independent at the time of enrollment.**





# REGISTRATION

**You may sign your camper up  
for an entire week, a single day,  
or any combination of days.**

**Register online BEFORE coming to camp.**

## ENROLLMENT

**All camp enrollments must be approved  
before our office closes the night before.  
We do NOT offer “Same Day” enrollment.**

**Please notify our office  
if you plan to arrive after 9:30 AM for a  
scheduled day of enrollment.**

## NO REFUND POLICY

**Payment is required for the camp days you  
have selected at the time of enrollment.**

**There are NO REFUNDS or CREDITS  
for any unattended camp days.**





## EXTENDED CARE

AM & PM Extended Care are available for an additional fee and registration based on age group.

Your camper will be supervised by our coaches while participating in provided activities. A snack will be served.

**Space is limited.**  
**Reservations must be paid in advance.**  
**\$1 per minute late fee.**

## CHANGE POLICY

Rescheduling days within the same camp is only permitted with 24 hour advance notice and is based upon availability, not guaranteed.

**CHANGE FEES APPLY**

## CLASS CONFLICTS

If your child is enrolled in a Let It Shine class that meets during camp hours, our staff will assist them in getting to their assigned class.

**Please inform camp staff at Sign-In.**





# PACKING LIST

PACK  
ONE  
SMALL  
BAG

Cubby space is limited to one  
cubby per camper.

## WATER BOTTLE

### LUNCH

pizza is served on Friday's

**VENDING MACHINE \$**  
optional (Ages 6-12 ONLY)

**\*NO SMART WATCHES, ELECTRONICS,  
OR TOYS PERMITTED**

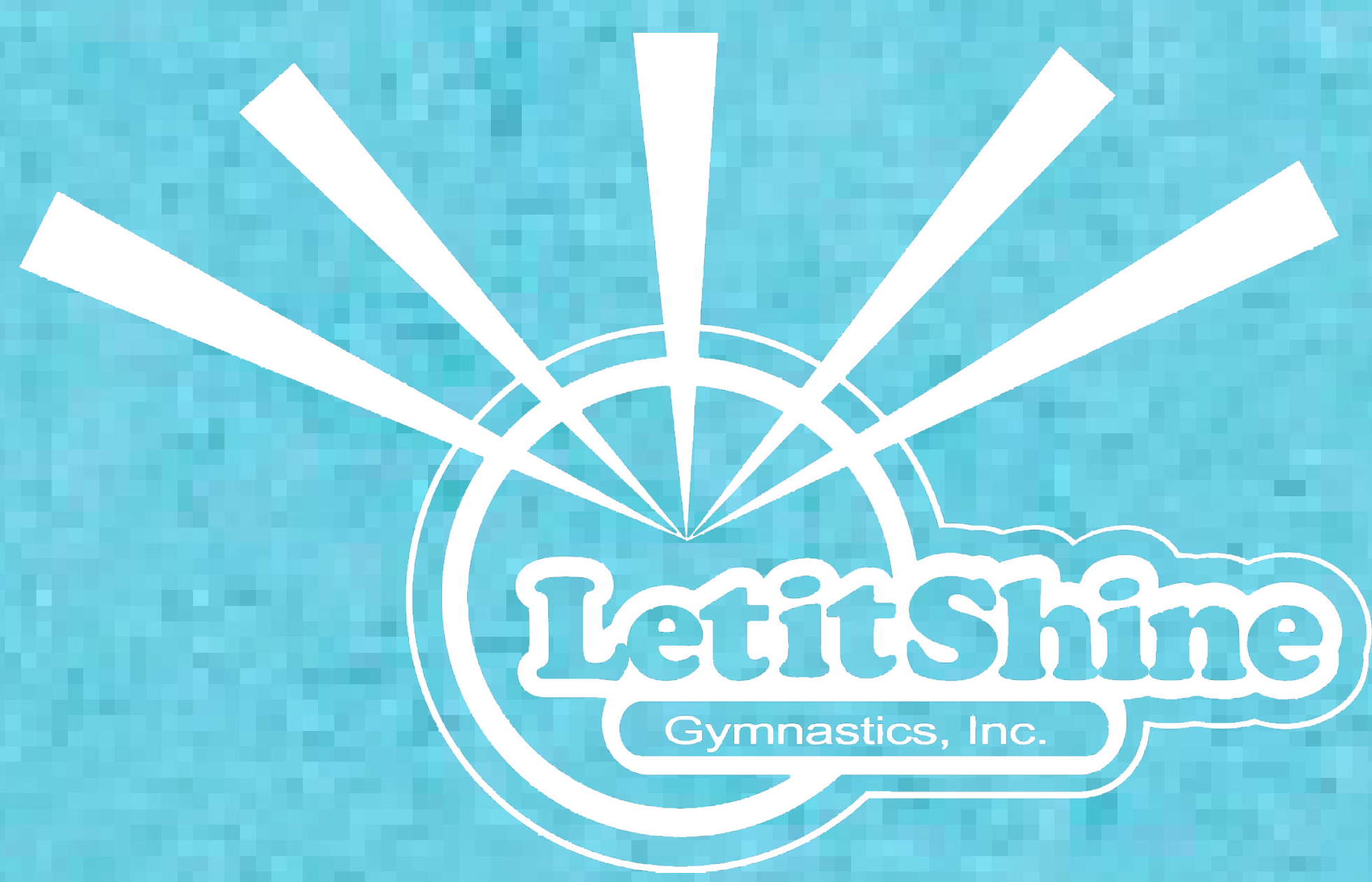
LABEL  
EACH  
ITEM!

## AGES 3-5

### IN ADDITION TO THE ABOVE:

- Pack an extra change of clothes
- All shoes should be slip-on





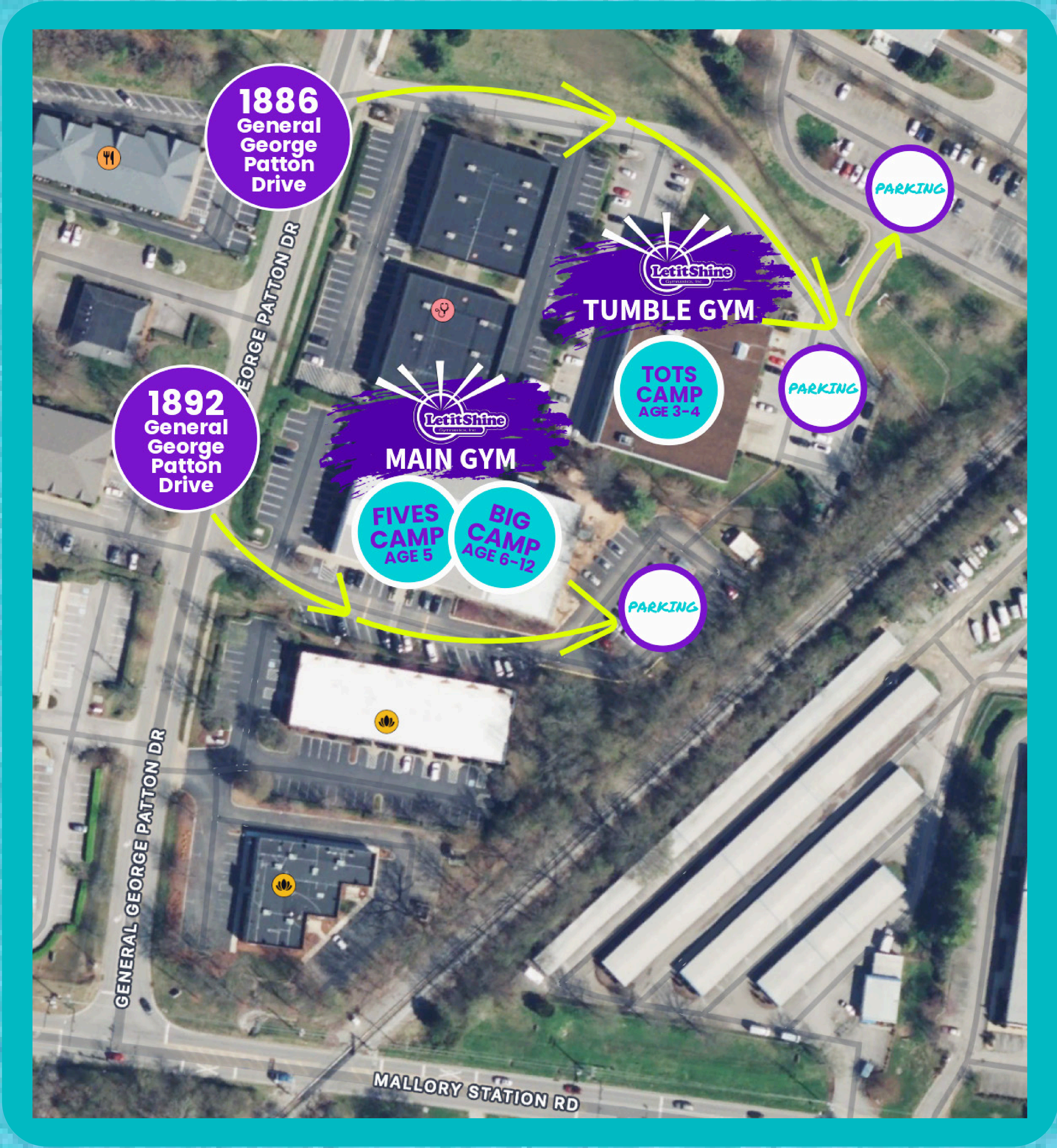
# SIGN IN & SIGN OUT

**8:30–9:15 AM**

**2:45–3:15 PM**

Campers must be signed in by a guardian at the designated Sign-In area for each camp.

Photo ID matching the guardian names listed at Sign-In is required for Sign Out.







# GENERAL

## WHAT TO WEAR

*LABEL  
EACH  
ITEM!*

We recommend comfortable, non-restrictive clothing (EX: t-shirt, shorts, tennis shoes). Keep in mind, your camper will be active all day on our indoor equipment and outside, weather-permitting!

## LOST & FOUND

LIS is not responsible for any personal belongings left in our facilities. Anything that is found will be placed in our Lost & Found. Unclaimed items will be donated EVERY FRIDAY.





## **FOOD**

Camp groups eat snack and lunch at different times each day. Lunch start times range from approx. 11:00 AM – 1:00 PM.

Please remember to pack a non-perishable lunch with a water bottle. Our filtered refill stations are always available. Snack is provided, but you are welcome to send additional snacks if you prefer.

**EVERY FRIDAY is PIZZA DAY!**  
**(provided in camp cost)**

Each camper is given TWO slices. Please pack a lunch if you prefer to supplement additional food or for your camper to not eat pizza.

**See MEDICAL CONCERNS  
for information on allergies.**





## SAFETY

Each day's Camp Directors are USA Gymnastics Members who hold Safe Sport, Adult and Pediatric First Aid, CPR, AED, & CDC HEADS UP Concussion Certifications. Directors will respond to incidents throughout the day.

All coaches are CDC HEADS UP Concussion Certified and trained in gym safety protocol. You will be notified of any incidents involving your child during Sign-Out.

**If a significant situation arises, the director will contact the number(s) listed on your Let It Shine Parent Portal account.**

## DISCIPLINE

All Camp Directors receive training in Trust-Based Relational Intervention.

**Guardians will be informed of any disciplinary incidents at Sign-Out. If a significant situation arises, you may be asked to pick your camper up for an early dismissal.**

Please confirm that you have an emergency contact on file. This can be updated in the LIS Parent Portal.





# MEDICAL CONCERNS

Please DO NOT bring your child to camp if they have a fever or any other symptoms that may be contagious.

## ILLNESS

If your camper becomes ill, the director of the day will assess their symptoms and use discretion in caring for their needs.

**If the director deems necessary, they will contact the number listed on your Let It Shine Parent Portal account.**

Please confirm that you have an emergency contact on file.  
This can be updated in the LIS Parent Portal.

## SKIN AILMENTS

Let It Shine reserves the right to remove any child from camp if an unknown skin infection is suspected. Camper may return when cleared with a doctor's note.





## MEDICATION

For the safety of our staff and campers, all EPI pens and medication require a signed waiver and will be held in our office.

Please clearly label medication with your camper's name and visit the office upon or before arriving to your first day of camp to complete the necessary information.

It is also recommended to remind the director of the day before 9:00 AM.

**Lunch is the only time our staff can administer scheduled medication to your camper unless prior arrangements have been made with the Camp Coordinator.**

## ALLERGIES

Please notify Sign-In staff of any allergies your camper may have. Camp staff will check allergy bands to ensure campers do not interact with their allergen(s).

**Let It Shine is NOT a peanut-free facility.**





## SPECIAL NEEDS

**We believe that all children are valuable and created in God's image.**

Our goal is that each camper has the best time possible, however, our camp program does NOT provide one-on-one coaching or specialized care for the needs of individual campers.

Camp is a fast-paced, highly stimulating and loud environment, where campers are required to communicate and follow directions, remain with a group, keep track of their belongings, and use the bathroom independently.

*Camp is not recommended for children who have sensitivities to sound.*

**If you have any concerns about your camper succeeding in this type of environment or would like to request an aide, please contact our Camp Coordinator *before* enrolling.**  
**[noel.campagna@lisgym.com](mailto:noel.campagna@lisgym.com)**

**Let It Shine also offers classes in our Adaptive Program!**





# THANK YOU!

for choosing  
**LET IT SHINE GYMNASTICS!**

**We work hard to make  
camp a fun, exciting,  
and uplifting  
experience for your  
child in a safe  
environment.**

**For info about our other  
programs, visit:  
[lisgym.com](http://lisgym.com)**

**SEE YOU  
SOON!**